

THEA M110 Voice and Movement Workshop I

“Language, in its natural occurrence as speech,
is never disembodied but is always manifested through behavior.”
Condon and Ogston (1967)

Professor Artemis Preeshl: Marquette 410B (504) 865-2686 aspreesh@loyno.edu
Office Hrs: Tuesday and Thursday 10:45-12:15 pm, Tuesday 3:15-4:15 pm, and by appt.

Required Prerequisite: DRAM 220: Acting I

Prerequisite Justification: Lays an acting foundation for Voice and Movement II

Required Textbooks:

Adrian, Barbara. 2008. *Actor Training the Laban Way: An Integrated Approach to Voice, Speech, and Movement*. New York: Allsworth Press.

Knight, Dudley. 2012. *Speaking With Skill: A Skills-Based Approach to Speech Training*. London: Methuen Drama.

Course Goals and Objectives:

In this course, you will acquire basic vocal and physical skills for public performance. The goals are to understand the physical mechanisms of speech and movement and utilize breath support, skillful articulation, and expressive movement to create dynamic characters for theatre.

Student Learning Outcomes

- Increase your theatrical vocabulary to describe aural and visual observations of performances in speech and writing.
- Engage in efficient and flexible posture, gesture and movement with spatial and interactional awareness.
- Shape and articulate, resonant, healthy sound.
- Observe oral posture, and listen to, and formulate, New Orleans accents through conversations with clients in a community-based service placement.
- Make imaginative physical and vocal choices to speak and move with clear intention and emotional tone as unique characters appropriate to the play and its style.

Course Requirements:

1. Attend class on time dressed to move in exercises, improvisations, and presentations. If you change after the bell rings, you will be late. On performance days, five minutes will be allocated to change after warm-up before performing your scenes.
2. Read the assigned textbook readings for weekly class discussion.
3. Attend of two 30-minute tutorials and write responses to each tutorial.
5. Write a speech and movement term paper, and a speech and movement character analysis. Type, double-space, spell check, and proofread papers with name and page number on each page in MLA format with footnotes or endnotes cited in MLA style.
6. Bring a hard copy of your papers to class, and submit an e-copy in the SafeAssign Digital Dropbox before class begins. A paper is late after 4:45 p.m. on the due date.

Method:

Vocal and physical exercises, improvisation, observation, a memorized monologue and poem, movement & voice studies, tutorials, microtheme papers, and two 5-page papers.

Basis for Assigning the Course Grade:

Your creative work will be assessed according to its quality. Participation in class includes exercises and class discussions. Your performance work, including individual progress, and your papers, will be evaluated according to the point criteria out of 1000 points.

Attendance and Participation	135
Body and Voice Poetry Performance	10
Visual Body	50
Animal and Worker Study (<i>25 points per study</i>)	50
5-page Voice and Movement paper (50 points/ 1 st draft; 50 points/ final draft)	100
Tutorials and 250-word Tutorial Response (<i>25 points/tutorial with response</i>)	50
Voice Physiology and IPA Quizzes (30 points per quiz)	60
Letter Presentation for Midterm Exam	50
Modes of Shape Change Improvisation	10
Service Learning Placement: preparation and completion: 15 hrs over 10 weeks	150
Service Learning Triweekly Journals (<i>4 250-word journals @ 25 points/journal</i>)	100
Project Runway Improvisation	10
5-pg Speech & movement character analysis (50 pts/ 1 st draft; 50 pts/ final draft)	100
Effort-Shape Study	50
Destructuring and Restructuring Warm-up (25 points) and Effort-Shape Character Monologue Performance (50 points) as Final Exam	75
Total Points	1000

Grading Scale: A (93-100) to F (649 or below)

A	930	1000	A-	900	929
B+	870	899	B	830	869
B-	800	829	C+	770	799
C	730	769	C-	700	729
D+	670	699	D	650	669
F	649	and below			

Important Dates

Monday, January 6 th	First Day of Class
Monday, January 20 th	Martin Luther King's Birthday
Monday, March 3 th – Friday, March 7 th	Mardi Gras Holidays
Monday, March 14 th – April 21 st	Easter Holidays
Wednesday April 3 th	Last Day of Class
9:30 a.m. class-Thursdays, May 8: 9-11 am	Final Examination

SERVICE LEARNING is required in this class.

The Service Learning component consists of preparatory planning and on-site execution.

- 75% on quantity and quality of participation onsite
- 25% on the quality of learning in 4 reflective journals submitted via hard copy.
- Travel may count for 10% (1.5 hrs.) of the fifteen (15) hours.

Service Learning Reflective Writing

For each 250-words typed, and double-spaced reflective writing, discuss the following:

1st Reflective Writing

1. What do you expect will happen in your interactions with clients at the service learning placement?
2. What is the basic social injustice addressed by your agency?
3. How did your observations affect the worker studies?

2nd Reflective Writing

1. Describe vowels and consonants variations that you have heard at the agency?
2. Suggest an adjustment you might address to improve a client's communication skills. How did you expect your client to change? How did the client respond to your suggestion?

3rd Reflective Writing

1. Did your suggestion have the oral and physical posture and/or gesture outcome that you hoped for?
2. How could you improve the effectiveness of your communication skills?
3. Which Laban Effort and Shape qualities have you observed at the agency?

4th Reflective Writing

1. Which preconceived notions have changed during your service learning?
2. How has your service learning informed your monologue from a play?
3. How will you use your new vocal and physical skills as an actor and a person?

Dept. of Theatre Arts & Dance Attendance & Absence Policy, & Late Work Policies

- Regular attendance is required. Two (2) tardies equal one (1) absence.
- Students are allowed 2 absences. For every absence beyond the 2nd absence, your final grade will drop one Loyola grade increment.
- If you are late or absent, you are responsible to make-up missed work. Make-up of work is permitted for documented family or medical emergency only.
- Attendance at Senior Project presentations equates to course attendance and is considered equivalent to missing a class.

Extension and Late Policy

A late paper will be accepted under the following circumstances:

1. If you have a medical emergency with a local doctor's note for an illness on the day of the absence, email the written assignment to me by 4:45 p.m. on the due date.
2. If you have a documented family emergency with a hard copy of a note from a hospital or funeral home, or an obituary.

Late Policy

1. , Upload the paper to SafeAssign and place a hard copy under my door in Marquette 410B by 4:45 p.m. for full credit.
2. Each day after the due time/date of a paper, 10% of the points will be deducted.
3. Late paper will not be accepted more than three days after the assignment is due.

Extensions for Papers

1. With documentation of three (3) or more tests or papers worth at least 10% of the final grade in two other classes due on the same day as a Voice and Movement assignment, a written request must be submitted through **both** a soft copy to the Professor via email and a hard copy slipped under my office door in Marquette 410B by 4:45 p.m. at least three business days prior to the test or paper.
2. The extension will be at my discretion. I will notify you of my decision on your written request by email by 4:45 p.m. on the next business day.
3. A maximum of two extensions may be granted per semester.

Calendar of Assignments

Week of January 6 th	<p><i>Write or select a 10-14- line poem for your body and your voice.</i> Body/Voice Poems &Voice/Movement Assessment due on 1/9 Status <u>Service Learning Presentation at 10:25 a.m. on 1/9</u> <u>WAC Presentation at 10:25 a.m. on 1/7</u> <i>The Visual Body Assignment</i> <i>Read <u>Acting the Laban Way</u> "Introduction" p. 1-9, and</i> <i>Ch.1: "Breathing" p. 21-30</i> <i>Read <u>Speaking with Skill</u> "Introduction" p. xiii, "Part 1:</i> <i>"Making Sounds" p 1-2, Ch. 1: "Silence" p. 3-10</i></p>
Week of January 13 th	<p>Present <u>The Visual Body Projects on 1/16</u> <u>Laurie Phillips' Library Resource at 9:30 a.m. on 1/14</u> <u>Jonathan Gallaway on Blackboard: at 10:25 a.m. on 1/16</u> <u>Serve Fair on 1/16 from 12-2 p.m.</u> <i>Developmental Movement</i> <i>Voice and Movement Research Paper Assignment</i> <i>Animal and Worker Observation and Zoo Visit Assignment</i> <i>Read <u>Speaking with Skill</u> Ch. 2: "Space shapes sound" p. 11-20</i> <i>Read <u>Acting the Laban Way</u> Anatomy p. 10-20 and</i> <i>Ch. 2 "Basic 6" p. 31-54</i></p>

Week of January 20 th	<p>Animal Studies Due on 1/21 <i>Kate Duncan on Internships on 1/21</i></p> <p>Human Studies Due on 1/23 Introduction to Fitzmaurice Voicework Deconstructing Bartheleff Fundamentals: Basic 12 Discuss Human and Animal Studies</p> <p><u>Agencies make& students accept offers by 5 p.m. on 1/24</u> <i>Read Speaking with Skill Ch. 3: "From Silence to sound" p. 11-20</i> <i>Read Acting the Laban Way "Dynamic Alignment" Ch. 4 p. 65-70</i></p>
Week of January 27 th	<p>1st Draft of Voice and Movement Research Paper due on 1/28 Deconstructing Alexander Technique <i>Professional Goals 1/28 with Kate Duncan1/</i> <i>Letter Assignment for Midterm</i> <i>Read Fitzmaurice's "Breathing is Meaning"</i> <i>Read Speaking with Skill Ch. 4: "Muscles shape sound" p. 35-64</i></p>
Week of February 3 rd	<p>Service Learning Reflective writing #1 due on 2/4 Midterm Tutorials 2/4-2/8 Deconstructing <i>Read Acting Laban Way "Resonance/ Center Pitch" Ch 5 p.71-76</i> <i>and "Speech Shape" Ch. 6 p. 77-88</i> <i>Read PowerPoint and see voice physiology clips</i> <i>Read Speaking with Skill Ch. 5: "Phthong shaping" p. 65-70</i></p>
Week of February 10 th	<p>Final Draft of Voice and Movement Research Paper due on 2/11 Tutorial Essay Due on 2/13 Voice Physiology Lecture Phthongs Speech Shape and Laban Shape Qualities Discuss Voice and Movement Papers <i>Study for Voice Physiology Quiz</i> <i>Read Speaking with Skill Ch. 6: "Obstruents obstruct flow" p. 65-70</i> <i>Read Acting the Laban Way "Consonants" Ch. 9 p. 103-114</i></p>
Week of February 17 th	<p>In-Class Voice Physiology Quiz on 2/18 Letter Presentation Rehearsals Obstruents Restructuring <i>Read Acting Laban Way "Shape Change Modes" Ch. 7 p. 89-96</i></p>
Week of February 24 th	<p>Modes of Shape Change with Fabric & Objects on 2/25 Letter Presentation and Discussion due on 2/27 Restructuring <i>Project Runway Assignment</i> <i>Read Speaking with Skill Part 2: Find Language, Ch. 7: "Outlandish" p. 79-82</i> <i>Ch. 8: "Physical actions of obstruents in language" p. 85-92</i></p> <p>1st Service Learning timesheet due on Friday, 2/28 at 5 pm</p>
March 3 rd -7 th	<p><i>Mardi Gras Holidays</i></p>

Week of March 10 th	<p>Service Learning Reflective writing #2 due on 3/11 Project Runway: Posture, Gesture, Walk and Voice on 3/13 <i>Destructuring and Restructuring</i> Outlandish <i>Monologue Character Analysis and Study Assignment</i> Read <i>Speaking with Skill</i> Ch. 9: "Empty obstruct chart" p. 93-98 Read Cecily Dell's <i>Primer</i>, Blackboard library reserve Read <i>Acting the Laban Way</i> "Filling Space" Ch. 8 p. 97-102</p>
Week of March 17 th	<p>Attend Tutorials between March 18th and March 20th First Draft of Monologue Character Analysis due on 3/18 Laban Effort Qualities Introduce International Phonetic Alphabet (IPA) & Alphabet Box Standard American Dialect: See website www.americanaccent.com/pronunciation.html: <i>Effort-Shape Assignment</i> Read <i>Acting the Laban Way</i> "Effort" Ch. 10 p. 115-122 Study for Ungraded International Phonetic Alphabet Quiz</p>
Week of March 24 th	<p>Tutorial Essay due on 3/25 Ungraded International Phonetic Alphabet Quiz due on 3/27 Destructuring and Restructuring Prepare for Graded International Phonetic Alphabet Quiz Read <i>Acting Laban Way</i> "Effort & Articulation" Ch. 11 p. 123-40</p>
Week of March 31 st	<p>Service Learning Reflective writing #3 due on 4/1 International Phonetic Alphabet (IPA) Quiz due on 4/3 Destructuring and Restructuring Read Kozubei's "Why We Focus on Breathing"</p>
Week of April 7 th	<p>Effort-Shape Study Due on 4/8 Final Draft of Monologue Character Analysis due on 4/10 Discuss IPA Quiz, Effort-Shape and Character Analyses Read Runnels "Shake, Rattle and Roll" Read <i>Speaking with Skill</i> Ch. 10: "Making Your Own Language" p. 99-110</p>
April 14 th -April 21 st	<i>Easter Holidays</i>
Week of April 22 nd	<p>Service Learning Reflective writing #4 due on 4/23 Character Monologue Voice & Movement Rehearsal Destructuring and Restructuring and Discussion Read <i>Speaking with Skill</i> "Articulation Warm-up" p. 111-112</p>
April 30 th	<p>Character Monologue Voice & Movement Dress Rehearsal 4/30 Destructuring, Restructuring and Articulation Warm-up Final Service Learning Timesheet due Wed., April 30th @ 5 pm</p>
Thursday, May 8: 9-11 am	Final: Character Monologue Voice/Movement Performance

Plays address real life situations that may include strong language & intimate situations.

COURTESY IN CLASS:

Bring your textbooks, a pen, pencil and paper to class daily. Do not eat, drink, wear hats, or use laptops or cell phones in class. Use the bathroom before or after, not during, class unless it is an emergency. Turn off all electronic gadgets before entering the studio.

E-MAIL and BLACKBOARD:

Effective communication is essential to learning. You are expected to navigate and maintain a Blackboard account and check your Loyno email daily.. Course material will be posted on Blackboard and course e-mails will be sent utilizing Loyno e-mail accounts listed in Blackboard and LORA. If the university suspends classes, you would be required to check Blackboard for announcements and responsible for all posted assignments.

- Go to <http://blackboard.loyno.edu>
- Log in Screen: Loyola user name = e-mail name
- Password is 6 digits = 4 digit birth year plus 2 digit month

For help, call 866-562-7278 or visit:

<http://d2.parature.com/ics/support/default.asp?deptID=654>

Tutorials

Thirty-minute Fitzmaurice Voicework small group sessions before the midterm and before the final are required. If you miss your appointment, except for a documented medical or family emergency, you forfeit your appointment and may not reschedule. After your session, write a 250-word essay about your physical, emotional, psychological and/or spiritual experiences of the work. Note your progress and your challenges in Fitzmaurice Voicework and describe how you will implement your discoveries in your acting. If you do not submit an essay, you will not receive credit for the tutorial.

- ***The first tutorial essay is due on February 19th.***
- ***The second tutorial essay is due on April 2nd.***

Loyola Productions

You are required to attend all Loyola University Department of Theatre Arts and Dance productions this semester.

- ***Albertine in Five Times*** by Michel Tremblay
 - February 5th-8th @ 7:30 p.m.
 - February 9th @ 2:00 p.m.
- ***Hound of the Baskervilles*** by Tim Kelly
 - March 14th, 15th, 20th, 21st, and 22nd @ 7:30 pm and March 16th @ 2:00 pm
- ***Loyola Ballet Spring Concert*** April 4th and 5th, 7:30 p.m. Roussel Hall

Extra Credit Opportunities (25 points)

See the Loyola Spring Ballet Concert. Write a 3-page performance review on the play and the Loyola Ballet Concert integrating Loyola's work this semester using the Performance Review guidelines. (**Due on April 8th**) No late assignments accepted.

You are encouraged to visit **Writing Across the Curriculum (WAC)** which assists students writing in any discipline and at any stage of the writing process—from brainstorming to revising. WAC tutors do not write or edit papers, but they do help student

writers strengthen their critical thinking skills and improve their own writing. No appointments necessary. Visit Bobet 100, call WAC at 865-2297, or visit us on the web at www.loyno.edu/wac.

Academic Integrity:

For this class, it is expected that your work is your own. Academic dishonesty (including, but not limited to plagiarism on papers or cheating on exams) will be punished. Plagiarism is unauthorized use of data or help. Any student engaging in plagiarism may receive a failing grade. A second offense may result in exclusion or dismissal from the university. For information on How to Cite Sources, see <http://library.loyno.edu/research/citing.pdf>. A summary of the University's definitions and procedures concerning academic integrity can be found in the Undergraduate Bulletin (pp. 46-47 of the 2003-5 bulletin).

Students with Disabilities

A student with a disability that qualifies for accommodations should contact Sarah Mead Smith, Director of Disability Services at Services at 865-2990 (Academic Resource Center, Room 405, Monroe Hall). A student wishing to receive test accommodations (e.g., extended test time) should provide the instructor with an official Accommodation Form from Disability Services in advance of the scheduled test date. It is the student's responsibility to inform the supervising faculty or staff member if there are any physical or vocal hindrances to being able to execute a requested assignment.

EVACUATION STATEMENT:

Students should monitor the University site (www.loyno.edu) for general information.

In the Event of an Emergency Suspension of Classes at the University:

- Students must log on the College emergency web site (www.loyno.la) and the University Blackboard site (<http://loyno.blackboard.com>) within 48 hours of any University suspension of classes to receive further information regarding contacting course instructors for assignments.
- Students must take notes and reading printouts for at least two weeks and use Fitzmaurice Voicework pillows to continue class during the emergency period.
- Blackboard instruction will begin 48 hours after a campus emergency has been declared and continue until further notice from the university administration.
- Classes will use the textbooks and follow the existing syllabus. All written work will be submitted via email through SafeAssign. Students will be expected to post a comment of 150-words per class session to share their experiences with the scheduled exercise through a discussion thread.
- Instructions will be given for the, Modes of Shape Change and Runway improvisations. Improvise using the exercises for at least 30 minutes.
- Each new Fitzmaurice Voicework position will be described in writing. Students will improvise in the sequence of positions learned to date and the new trembling position for a minimum of 30 minutes.
- Record Animal, Human and Effort-Shape-Space studies, and Haiku and Character monologues in a $\frac{3}{4}$ shot via webcam. Submit performances via email to the professor.

- In the event of evacuation, you will need a microphone for your computer. If you do not have a microphone in your computer, these microphones are available online or at an electronics or department store.
 - Labtech 980232-0403 Stereo Headset with Microphone by Labtech ~\$14
 - Cyber Acoustics AC-201 Stereo Headset/microphone ~\$14

Selected Bibliography

Bartenieff, Irmgard with Dori Lewis. 1980. *Body Movement: Coping with the Environment*. NY: Gordon and Breach Science Publishers.

Callery, Dymphna. 2001. *Through the Body: A Practical Guide to Physical Theater*. New York: Routledge.

Feldenkrais, Moshe. 1991. Reprint edition. *Awareness through Movement: Health Exercises for Personal Growth*. San Francisco: Harper.

Kapit, Wynn and Lawrence M. Elson. 1993. *Anatomy Coloring Book*. Upper Saddle River, NJ: Pearson Education POD; 2nd edition.

McGowan, Daniel. 1997. *Alexander Technique: Original Writings of F.M. Alexander*. (abridged). Burdett, New York: Larson Publications.

Rodenburg, Patsy. 1992. *The Right to Speak: Working with the Voice*. London: Methuen Drama.

Spolin, Viola. 1963. *Improvisation for the Theater*. Chicago: Northwestern University Press.